

2010 Cannondale Georgia State Championship series

#8 Helen, GA

8:30am	XC-K (9-11) / XC-K (6-8) / XC-K (3-5)	* all kids receive medals and prizes			
		dist:	8.3	miles	
9:30am*	<b>WHITE WAVE</b>	<u>Laps</u>	<u>Distance</u>	<u>medals</u>	<u># sequence</u>
*each class			0.00		
starts approx	XC-3 (19-29) - base	1.265	10.50	5	100-199
every 2 min	XC-3 (30-39) - base	1.265	10.50	5	200-299
in this order	XC-3 (40-49) - base	1.265	10.50	5	300-399
	XC-C 2&3 (200#+) clydesdale	1.265	10.50	3	50-99
	XC-GM3 (50-99) - base	1.265	10.50	3	400-449
	XC-J (15-18) - junior	1.265	10.50	5	450-499
	XC-W3 - women base	1.265	10.50	3	500-549
	XC-J (11-14) - junior	1.265	10.50	5	550-599

0.00

11:30am*	<b>YELLOW WAVE</b>		8.3		
*each class			0		
starts approx	XC-1 (19-29) - expert	3	24.9	3	100-199
every 2 min	XC-1 (30-39) - expert	3	24.9	3	200-299
in this order	XC-1 (40-49) - expert	3	24.9	3	300-399
	XC-Pro / W1 - women expert	3	24.9	3	50-99
	XC-SS - single speed	2	16.6	3	400-449
	XC-GM 1&2 (50-99)	2	16.6	3	450-499
	XC-2 (19-29) - sport	2	16.6	5	500-599
	XC-2 (30-39) - sport	2	16.6	5	600-699
	XC-2 (40-49) - sport	2	16.6	5	700-799
	XC-W2 - women sport	2	16.6	3	800-899